

Family Supports

- 1) If you need OHP, Northwest Human Services, West Salem Clinic & Total Community Clinic has OHP Assistor's helping people apply for OHP over the phone. Anyone needing assistance can call 503-480-1643. Please leave a message with your contact information as they are checking their voice mail daily.
- 2) Food boxes in West Salem –
 - a. West Salem United Methodist Food Pantry- **Monday & Wednesday 1:00pm 3:00pm** (1219 3rd Street NW) 503-363-3035
 - b. Shared Blessing Food Pantry @ Family Life Church- **Wednesday 8:30am 12:00pm** (1675 Wallace Road NW) 503-364-0002
 - c. Life Essentials Food Pantry @ Life Church - **3rd Thursday 7:00pm 8:00pm and 2nd & 4th Saturday of every month 9:00am 12:00pm** (255 College Drive NW)
 - d. Kingwood Bible Church Food Pantry- **Starting April 3rd, call 503-399-9600 ahead of time to schedule a food box pick-up on Wed or Fri 9am-noon** (1125 Elm Avenue NW) 503-399-9600
- 3) Applying for SNAP/TANF/Child Care assistance through DHS is encouraged to be done online... <https://www.oregon.gov/DHS/COVID-19/Pages/Home.aspx> if you don't have access to the computer you can still go in person to the office. If you don't mind driving to Dallas, the Dallas Community Resource center can be helpful because they have staff from different supportive agencies throughout Polk County and they can help people apply for services. Call first to confirm the hours of operation on the day the plan to go. **503-623-9664** <https://www.co.polk.or.us/fco/dallas-community-resource-center-0>
- 4) This is good link for a general services search that you might find helpful. <https://www.midvalleyresources.org/>

Salem Electric has assistance that folks can apply for if they have not already. It is \$150 to help with electric bills. **THEY WILL NOT CHARGE LATE FEES OR SHUT OFF POWER** regardless of this assistance request.

Their website is full of some good connections and places to turn to in need. Also Community Action Agency is helping people with some of these things, like utility payments.

Both Salem Electric and CAA have Spanish speaking people to access, and CAA may have other languages as well.

SE Salem Electric is 503-362-3601

CAA 503-588-9016 Currently they do not have assistance for Salem Electric, but they suggested the family call a couple times a week to check in on that.

- 1) ARCHES offers emergency assistance (when they have funding). Polk County residents can call **503-623-9664** which is the main line the Polk County Resource Center and when they call, let the person know they want to talk to someone from ARCHES about rental assistance.
- 2) Salvation Army **503-585-6688**
- 3) St Vincent De Paul **503-364-3210**
- 4) Family Promise **503-370-9752** has a program that is not a one-time emergency assistance like the others above, but can offer help for up to 6 months. The thing is the application process takes some time, so it's not good for any family is needs help paying April's rent.